

Community Health Groups

Community health groups can provide accurate and up-to-date information on sexual and reproductive services. They may even be allies in promoting sexual and reproductive rights. Become aware of the sexual health providers in your community. Here are a few:

Guelph

Public Health Unit - Sexual Health Clinic

600 Southgate St., Guelph ON N1G 4P6
www.wdghu.org
(519) 846-2715

Provides services including anonymous HIV testing, and sexually-transmitted infection (STI) testing and treatment, emergency contraception and birth control, pregnancy testing and counselling.

Hamilton

Women's Centre of Hamilton

75 McNab St. S, Hamilton ON L8P 3C1
(905) 522-0127

An affirming space facilitating the empowerment and enrichment of women seeking support, resources, development and growth.

Health Initiatives for Youth Hamilton

151 York Blvd., Suite 101 Hamilton, ON L8R 3M2
www.hifyhamilton.com
(905) 528-3009

Promotes healthy sexuality and reproductive wellness by providing services, advocacy, education and community partnerships.

Kingston

Sexual Health STD Clinic

221 Portsmouth Ave., Kingston ON K7M 1V5
(613) 549-1234

Offers a range of sexual and reproductive resources and services.

London

Women's Health Services

800 Commissioners Rd. E, London ON N6A 4G5
(519) 685-8204

Provides a range of services including support groups and is wheelchair accessible. Interpreters are available.

Middlesex-London Health Unit

50 King St., London ON N6A 5L7
www.healthunit.com
(519) 663-5317

Provides a range of sexual health services such as birth control, STI testing and information about healthy relationships.

Mississauga

Mississauga Healthy Sexuality Clinic

2227 South Millway, Mississauga ON, L5L 3R6
(905) 820-3663

Provides no-hassle counselling and confidential services including birth control, STI testing and treatment, pregnancy testing, emergency contraception, anonymous HIV/AIDS testing, referrals for adoption, abortion and prenatal resources.

North Bay

North Bay Health Unit, Sexual Health Services

681 Commercial St., North Bay ON P1B 4E7
www.healthunit.biz
(705) 474-1400

Promotes healthy sexuality and the reduction of STIs, including HIV, and the complications that result from them.

North York

North York Women's Centre

201 Caribou Rd., Toronto ON M5N 2B5
www.nywc.org
(416) 781-0479

Provides a safe, supportive place where women can voice their concerns, share experiences, gain information, learn skills and build friendships with other women.

Orillia

Simcoe-Muskoka Health Unit: Orillia Branch

575 West St. S, Unit 12, Orillia ON L3V 7N6
www.simcoemuskokahealth.org
(705) 721-7520

Provides counselling in areas of sexuality, birth control, sexually transmitted infections, including anonymous testing for HIV/AIDS. Wheelchair accessible.

Ottawa

Planned Parenthood Ottawa

201-251 Bank St. Ottawa ON K2P 1X3
www.ppottawa.ca
(613) 226-3234

Offers education, counselling and referral services to assist and support informed sexual and reproductive health choices. Services are in English and French.

Peterborough

Women's Health Care Centre

1 Hospital Dr., Peterborough ON K9J 3G2
www.kawartha.net/whcc/wom.htm
705-876-5117

Offers free and confidential, information, support, counselling, treatment and referral services to women.

Scarborough

Scarborough Sexual Health Clinic

160 Borough Dr., Scarborough ON M1P 4N7
(416) 338-7438

Offers birth control counselling, free condoms, pregnancy testing, STI and HIV testing, referrals, and sexuality/relationship counselling.

St. Catharines

St. Catharines Sexual Health Centre

277 Welland Ave., Suite 4, St. Catharines ON L2R 2P7
(905) 688-3817

Offers a range of sexual and reproductive services.

Sudbury

Sudbury Women's Centre

324-F Elm St. W, Sudbury ON P3C 1V8
www.simaltech.com/women
(705) 673-1916

Provides women with the skills and knowledge necessary to find personalized solutions to their particular problems. The Centre aims to provide support through a trusting, non-threatening environment that respects each woman's needs.

Women's Health Centre

30 The Queensway, Sudbury ON M6R 1B5
(416) 530-6850

Provides non-medical services that help address personal/mental health needs including psycho-social support, counselling and education to disadvantaged women facing multiple barriers.

Thunder Bay

Thunder Bay District Health Unit

510 Hogarth Ave. P.O. Box 1360 Geraldton ON POT 1M0
www.tbdhu.on.ca
(807) 854-0454

Services include immunisation, sexual health clinics, anonymous HIV testing, community health nursing, and substance abuse prevention.

Toronto

Hassle Free Clinic

66 Gerrard St. E, Toronto ON M5B 1G3
www.hasslefreeclinic.org
(416) 922-0566 Women/trans

Counselling and medical services for reproductive health and STIs. Call ahead to arrange services in a variety of languages.

Immigrant Women's Health Centre

489 College Street, Suite 200 Toronto ON M6G 1A5
www.immigranthealth.info
(416) 323-9986

A community-based non-profit agency serving immigrant women, refugee women and women of colour. A broad range of sexual and reproductive health services provided in several languages.

Planned Parenthood Toronto

36-B Prince Arthur Ave., Toronto ON M5R 1A9
www.ppt.on.ca
(416) 961-0113

An agency committed to the principles of equity and providing accessible and inclusive services that promote healthy sexuality and informed decisions.

Waterloo

Planned Parenthood Waterloo Region

151 Frederick St., Suite 500, Kitchener ON N2H 2M2
www.ppwr.on.ca
(519) 743-9360

Provides sexuality counselling and educational services based on a belief in self-determination, and that accurate information is needed to make choices appropriate for all stages of life.

Windsor

Windsor Essex County Health Unit Sexual Health Clinic

1005 Ouellette Ave., Windsor ON N9A 4J8
www.wechealthunit.org/sexual-health
(519) 258-2146 ext. 1200 or 1201

Provides STI testing, pregnancy testing and birth control in a confidential and relaxed space.