



Abortion Rights  
Coalition of Canada

# Abortion Clinics and Services in Canada

Also: Some hospitals, hotlines, funds, doulas, support services,  
referral services

Compiled by: Abortion Rights Coalition of Canada

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## Explanatory Notes

This is a complete list of clinics across Canada, including dedicated abortion clinics or women’s health clinics at hospitals (starting page 9). Most providing hospitals are not listed unless they are the only facility, or one of the few facilities, providing abortions in that province or territory. Around 90-100 hospitals across Canada provide abortions, counting CLSCs in Quebec (centre local de services communautaires). In addition, some family doctors, nurse practitioners, and primary care clinics prescribe medication abortions; contact the Action Canada hotline for information.

**Abortion methods:** Most clinics should provide both aspiration and medication abortion, even if our listing below does not mention medication abortion. Medication abortions are done using Mifegymiso, a drug combination of mifepristone and misoprostol. An ultrasound is not required, although may be advisable in some cases. An aspiration abortion refers to the “vacuum aspiration” method used in first-trimester abortions, which uses a suction machine to remove uterine contents through the cervix. These are often referred to as surgical abortions, but no surgery is involved. After 12 weeks GA, surgical methods are generally used.

**Gestational limits** are indicated where known and are usually dated from LMP (last menstrual period). Gestational age (GA) refers to the current age of the embryo/fetus, while LMP is simply the time lapsed since the start of last menstrual period – GA may be up to 2 weeks less than LMP.

**Funding:** All services are fully funded unless otherwise specified. (You will need to bring a valid health card.) In Nunavut, medication abortions are funded provided the patient receives their prescription at a hospital, or they are Indigenous, on social assistance, a prisoner, or military personnel. In PEI, full coverage is available at the Summerside clinic, as well as through student health plans at universities/colleges.

## Hotlines, Abortion Funds, Referrals, Info, National Pro-choice Groups

Region	Name	City	Phone	Info / Website / Email
National	Action Canada for Sexual Health and Rights	Ottawa	Action Canada Access Line: 1-888-642-2725  Text messages: 1-613-800-6757  Office: 613-241-4474	24-hour, Canada-wide, toll-free number that provides information on reproductive and sexual health and referrals on pregnancy options.  <a href="mailto:access@actioncanadashr.org">access@actioncanadashr.org</a> <a href="http://www.actioncanadashr.org/">www.actioncanadashr.org/</a> Click on “Find a Service Provider” for sexual health centres in your province.  Or check the pamphlet “ <a href="#">Accessing Abortion in Canada, by Wellness Within</a> ”  <b>Norma Scarborough fund</b> – an emergency fund to help with travel and accommodation expenses (call Access Line).
	National Abortion Federation (NAF) Canada	Vancouver	Canadian Office: 604-210-4680 (clinician or community org. contact only)  Canadian referrals: 1-877-257-0012 (patient number)  Financial assistance: 1-800-772-9100 (patient number)  U.S. Office: 1-800-772-9100 (patient number)	<a href="http://www.nafcanada.org">www.nafcanada.org</a> (Canada)  NAF Canada’s <b>Dr. Morgentaler Patient Assistance Fund</b> aims to provide support for people with financial barriers to accessing the abortion care they need. This could include part of the cost of an abortion for an uninsured patient, and/or travel expenses. Contact: <a href="mailto:mpaf@prochoice.org">mpaf@prochoice.org</a> (clinician or community organization contact only)
	Choice Connect	National	Internet app	<a href="https://choiceconnect.ca/">https://choiceconnect.ca/</a>  An app that provides free, anonymous, and confidential referrals to the Canadian abortion clinic or provider nearest you, for both abortion pill and aspiration abortion options.
	Abortion Rights Coalition of Canada	Vancouver	N/A	<a href="http://www.arcc-cdac.ca">www.arcc-cdac.ca</a> <a href="mailto:info@arcc-cdac.ca">info@arcc-cdac.ca</a>
	Health Canada / Government of Canada  Info on Abortion, and Sexual and Reproductive Health	National	N/A	<a href="https://www.canada.ca/en/public-health/services/sexual-health/abortion-canada.html">https://www.canada.ca/en/public-health/services/sexual-health/abortion-canada.html</a>

Region	Name	City	Phone	Info / Website / Email
	Sex and U Society of Obstetricians and Gynaecologists of Canada	National	N/A	<a href="https://www.sexandu.ca/">https://www.sexandu.ca/</a>
Alberta	Pro-Choice Society of Lethbridge & Southern Alberta	Lethbridge	587-257-6833	24-hour call or text line available to residents of Southern Alberta. Support and advocacy provided, including abortion and birth control information and financial or travel assistance. <a href="mailto:info@prochoiceyql.ca">info@prochoiceyql.ca</a> @prochoiceyql on Facebook, Twitter & Instagram <a href="http://www.prochoiceyql.ca">www.prochoiceyql.ca</a>
British Columbia	Pregnancy Options Line	Vancouver	Within BC: 1-888-875-3163 In Lower Mainland: 604-875-3163	This service provides information, resources and referral for all abortion services, including counselling, available to B.C. residents. You must leave a voicemail, will be returned within 48 hours on weekdays. Helpline operated by BC Women's Hospital & Health Centre: <a href="http://www.bcwomens.ca/our-services/gynecology/abortion-contraception">www.bcwomens.ca/our-services/gynecology/abortion-contraception</a>
	Sex Sense Line	Vancouver	Within BC: 1-800-SEX-SENSE (1-800-739-7367) In Lower Mainland: 604-731-7803	Free, pro-choice, sex-positive, and confidential service. A team of registered nurses, counsellors, and sex educators offers information and resources on sex, sexuality and sexual health, for people living in British Columbia and the Yukon. Open Mon-Fri, 9 am to 9 pm for phone and email service. More info / contact: <a href="http://www.optionsforsexualhealth.org/sex-sense/">www.optionsforsexualhealth.org/sex-sense/</a>
Québec	Fédération du Québec pour le planning des naissances (FQPN)	Montréal	514-866-3721	<a href="http://www.fqpn.qc.ca">www.fqpn.qc.ca</a> <a href="mailto:info@fqpn.qc.ca">info@fqpn.qc.ca</a> Ressources en avortement au Québec 2020 : <a href="https://api.fqpn.staging.molotov.ca/wp-content/uploads/2021/01/Bottin-2020-Feuillet-Final.pdf">https://api.fqpn.staging.molotov.ca/wp-content/uploads/2021/01/Bottin-2020-Feuillet-Final.pdf</a>

Region	Name	City	Phone	Info / Website / Email
	Ta raison c'est la bonne (Your choice is the right one)  Information campaign on the right and access to abortion		Website	Get help in Quebec: <a href="http://www.taraison.ca/en/get-help">www.taraison.ca/en/get-help</a> <a href="http://www.taraison.ca/">www.taraison.ca/</a> "Ta raison c'est la bonne" is an information and awareness campaign led by SOS Grossesse (Quebec), SOS Grossesse Estrie, and Grossesse Secours (Montreal).
Nova Scotia	Nova Scotia Choice Clinic self-referral line		833-352-0719	The referral line will connect you with the nearest abortion service provider in the province, whether it's to book appointments for a surgical abortion or give you contact information for clinicians providing Mifegymiso prescriptions..

## Abortion Doulas and Abortion Support Services

Region	Name / Services	Contact Info	Description
<b>National</b>	Full Spectrum Doula Collective Canada <ul style="list-style-type: none"> <li>Abortion doula training</li> <li>Networking for trainers</li> </ul>	<a href="https://fsdoulas.ca/">https://fsdoulas.ca/</a> Contact: <a href="https://fsdoulas.ca/contact/">https://fsdoulas.ca/contact/</a>	Offers training and networking opportunities for full spectrum doulas (including for abortion) and those interested in becoming involved. "The Full Spectrum Doula Collective (Canada) represents a wide range of people who fight for reproductive justice for all. ...We believe in social justice and stand in solidarity with people and movements that work towards a more equitable society. We support ethical spaces, and hold no judgment based on people's ethnicity, religious beliefs, orientation, relationship structures, gender, employment, legal status, or socioeconomic circumstances."
	Hope Air	<a href="https://hopeair.ca/">https://hopeair.ca/</a> Travel Request form: <a href="https://hopeair.ca/en-CA/Our-Work/Travel-Request/Travel-Request">https://hopeair.ca/en-CA/Our-Work/Travel-Request/Travel-Request</a> 416-222-6335 (Toronto) 1-877-346-HOPE (4673)	Hope Air provides support for Canadians who need to travel for medical appointments, on a needs basis. They support people travelling within Canada and to the U.S. for abortion care. One of their requirements is that the procedure be covered by provincial/territorial health insurance. They also have questions related to financial need. From their website: "At Hope Air, we believe that everyone should be able to get to their medical appointments, without worry about how they will get there. If you'd like to a request a free flight, a Confederation Bridge toll pass, or a PEI ferry pass to travel to your medical appointment, please fill in our travel request form."
	Information for pregnant Queer and Trans people	<a href="http://www.arcc-cdac.ca/information-for-pregnant-queer-and-trans-people/">www.arcc-cdac.ca/information-for-pregnant-queer-and-trans-people/</a>	Are you queer, transgender or non-binary, and getting an abortion? You're not alone. Check out these brochures with helpful info, considerations, affirmations, and resources.

Region	Name / Services	Contact Info	Description
<b>Alberta</b>	Alberta Abortion Access Network (province-wide) <ul style="list-style-type: none"> <li>• Abortion doula services and training program</li> <li>• Abortion support services</li> </ul>	780-240-8524 <a href="mailto:info@albertaabortionaccess.com">info@albertaabortionaccess.com</a> <a href="http://www.albertaabortionaccess.com/">www.albertaabortionaccess.com/</a>	A province-wide network of trained and compassionate abortion support workers (doulas) who accompany pregnant people through the abortion process. “Our mission is to ensure that every Albertan has compassionate access to abortion services regardless of race, gender, age, or geographical barrier.” They also provide several trainings a year in various cities and towns around Alberta.  All abortion doula services are offered free of charge.  Support services: help with travel and funding, accompaniment, homestays, aftercare, peer support groups, and more.
	Red Deer & Area Pro Choice <ul style="list-style-type: none"> <li>• Abortion doula services</li> <li>• Abortion support service</li> </ul>	604-399-4122 (ask for Lauren) <a href="mailto:Reddeerareaprochoice@gmail.com">Reddeerareaprochoice@gmail.com</a>	Provides abortion doula services, aftercare, and other resources.  Offers confidential support services to assist people seeking abortion, including free rides to and from abortion appointments in Edmonton or Calgary.  All services are non-judgemental, non-denominational, and LGBTQIA+ friendly.
	Full Spectrum Doula Collective Canada <ul style="list-style-type: none"> <li>• Abortion doula services – Calgary only</li> </ul>	<a href="https://fsdoulas.ca/">https://fsdoulas.ca/</a> Contact: <a href="https://fsdoulas.ca/contact/">https://fsdoulas.ca/contact/</a>	Also see listing under National above.  The Collective is based in Calgary and can connect people with a full spectrum/abortion doula in Calgary.
	Twyla Pierce <ul style="list-style-type: none"> <li>• Abortion doula services – Edmonton and area</li> </ul>	<a href="mailto:albertaabortiondoula@gmail.com">albertaabortiondoula@gmail.com</a> Facebook: <a href="https://fb.me/albertaabortiondoula">fb.me/albertaabortiondoula</a> Facebook messages: <a href="https://m.me/albertaabortiondoula">m.me/albertaabortiondoula</a>	Twyla is a newly trained abortion doula who provides support to patients in a compassionate, professional, confidential and non-judgemental manner. She services Edmonton and surrounding areas.  Twyla offers abortion doula services at no cost. She will support you through the entire process including helping with resources, rides, finding answers to your questions, and care and comfort.
<b>British Columbia</b>	Nesting Doula Collective <ul style="list-style-type: none"> <li>• Full spectrum doulas</li> <li>• Vancouver Island and Metro Vancouver</li> </ul>	<a href="https://www.nestingdoulacollective.com/contact-page">https://www.nestingdoulacollective.com/contact-page</a> Request a doula: <a href="https://www.nestingdoulacollective.com/form-request-a-doula">https://www.nestingdoulacollective.com/form-request-a-doula</a>	Provides Doula services to Black, Indigenous, and people of colour on Vancouver Island and Metro Vancouver.

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	Vancouver Full Spectrum Doula Collective <ul style="list-style-type: none"> <li>• Abortion doula services</li> <li>• Abortion support services</li> </ul>	<a href="mailto:fsdvancouver@gmail.com">fsdvancouver@gmail.com</a> <a href="https://fsdvancouver.wixsite.com/fsdvancouver">https://fsdvancouver.wixsite.com/fsdvancouver</a> <a href="https://www.facebook.com/Vancouver-Full-Spectrum-Doula-Collective-3296922690325291/?_tn=%kHH-R">https://www.facebook.com/Vancouver-Full-Spectrum-Doula-Collective-3296922690325291/?_tn=%kHH-R</a>	The collective is based on an anti oppressive and reproductive justice model. They offer non-judgemental support for in or out of clinic abortions. They offer phone support, email support and in person support. They can provide resources to support you before, during and after your abortion.  “We believe that abortion Doula support should be accessible to all who seek it. If needed, we provide our services either for free, for barter/trade or can suggest a small fee if you would like to offer financial compensation.”
<b>Maritimes and Nfld / Labrador</b>	Abortion Support Services Atlantic, Halifax NS <ul style="list-style-type: none"> <li>• Full spectrum doula services</li> <li>• Abortion doula training</li> <li>• Abortion support service</li> </ul>	<a href="mailto:assa.coordinator@gmail.com">assa.coordinator@gmail.com</a> <a href="https://www.facebook.com/abortionssupportatlantic">www.facebook.com/abortionssupportatlantic</a> Twitter: @abortionssupportatlantic <a href="https://atlanticabortionco.wixsite.com/website">https://atlanticabortionco.wixsite.com/website</a>	Full spectrum doula services.  Offers non-medical support for anyone having an abortion in the Atlantic provinces, including Newfoundland/Labrador.  Shannon Hardy, Sexual health and reproductive wellness coach: <a href="https://www.shannonhardycoaching.com/">https://www.shannonhardycoaching.com/</a>
	Planned Parenthood Newfoundland & Labrador	<a href="mailto:clientservicescoordinator@ppnlsh.com">clientservicescoordinator@ppnlsh.com</a> 709-579-1009	Can link people to doula services in Newfoundland & Labrador.
	Reproductive Justice New Brunswick (RJNB)	<a href="https://rjnb.org/">https://rjnb.org/</a> <a href="mailto:ReproductiveJusticeNB@gmail.com">ReproductiveJusticeNB@gmail.com</a>	How to access abortion in NB: <a href="https://rjnb.org/accessing-abortion-in-new-brunswick/">https://rjnb.org/accessing-abortion-in-new-brunswick/</a>  NB resources for Trans and Gender Minority Folks: <a href="https://rjnb.org/trans-and-gender-diverse-resources/">https://rjnb.org/trans-and-gender-diverse-resources/</a>
<b>Ontario</b>	Wholehealth Pharmacies, Toronto	<a href="https://whpharmacy.ca/">https://whpharmacy.ca/</a> 647-557-6959  Fax (to send prescriptions): 833-888-1636	This pharmacy offers free next-day delivery of prescriptions for the abortion pill Mifegymiso across most of central Ontario. (Friday orders are delivered on Mondays. Deliveries outside central Ontario take a little longer.) The pharmacy can also send additional prescriptions such as for pain relief.
	Sudbury Manitoulin Abortion Support Collective	<a href="mailto:contact.smasc@gmail.com">contact.smasc@gmail.com</a> <a href="https://www.facebook.com/abortionssupportcollective/">https://www.facebook.com/abortionssupportcollective/</a> @abortionssupportcollective	SMASC is a 100% volunteer-led group that provides support and advocacy for those seeking abortion care in the Greater Sudbury and Manitoulin Island area.

Region	Name / Services	Contact Info	Description
	Ottawa Abortion Doula Collective <ul style="list-style-type: none"> <li>Abortion doula services</li> <li>Ottawa and surrounding area</li> </ul>	<a href="mailto:ottawaabortiondoulas@gmail.com">ottawaabortiondoulas@gmail.com</a> <a href="http://www.ottawaabortiondoulas.ca">www.ottawaabortiondoulas.ca</a> <a href="https://www.facebook.com/OttawaAbortionDoulas/">https://www.facebook.com/OttawaAbortionDoulas/</a>	The Ottawa Abortion Doula Collective is a group of pro-choice, feminist volunteers who support people in Ottawa and the surrounding area through their abortions. Our services are non-judgemental, compassionate, and free.  Our abortion doulas have been trained in trauma-informed abortion support by the experienced abortion doula and founder of Abortion Support Services Atlantic, Shannon Hardy.
	Ontario Spectrum Doula Services Stratford <ul style="list-style-type: none"> <li>Full spectrum doula services</li> </ul>	<a href="http://www.spectrumdoula.com">www.spectrumdoula.com</a> (contact form on website) Loss Photographer: <a href="mailto:spectrum.doula@gmail.com">spectrum.doula@gmail.com</a> Instagram: spectrumdoula Facebook: Katie Nelson – Spectrum Doula Services	Katie provides non-judgmental care to all those seeking support. Specializing in working with young/teen clients, LGBTQ+ folks and those experiencing loss or choosing termination.  Volunteer photography is available by request for those choosing termination as well.  Serving Stratford and the surrounding area.
	All Options Doula Services Windsor <ul style="list-style-type: none"> <li>Full spectrum doula services</li> <li>Childbirth educator</li> </ul>	<a href="mailto:cassthe Doula@gmail.com">cassthe Doula@gmail.com</a> <a href="https://alloptionsdoula.ca/">https://alloptionsdoula.ca/</a> (contact form on website) Twitter: @alloptionsdoula Instagram: alloptionsdoula	Provides unbiased, non-judgemental care to ALL families and all people and ALL reproductive journeys.  Strives to be inclusive of everyone, tailored to your needs to provide the best care possible. Proud supporters of the LGBTQ+ society and trans inclusive.  All contacts with clients are completely confidential.  Serving Windsor and surrounding areas.
	Wheels for Choice	<a href="mailto:options@shorecentre.ca">options@shorecentre.ca</a> 226-973-7851 (Sarah)	Rides to appointments for people in southwestern Ontario.  Run by SHORE Centre, Kitchener
<b>Québec</b>	Montreal Abortion Access Project Projet d'Accessibilité à l'Avortement Montréal	<a href="mailto:info@maap-paam.ca">info@maap-paam.ca</a> <a href="http://www.maap-paam.ca/">www.maap-paam.ca/</a>	Montreal: Abortion doula services and training; abortion support services.
<b>Saskatchewan</b>	Saskatoon Abortion Support Network <ul style="list-style-type: none"> <li>Abortion doula services</li> <li>Saskatoon and surrounding areas</li> </ul>	<a href="http://www.sasn.ca">www.sasn.ca</a> <a href="https://sasn.ca/contact/">https://sasn.ca/contact/</a>	Dedicated to supporting people before, during and after abortion. Provides individually tailored support to overcome the barriers that a person may experience. Services are free to promote equitable access to abortion.



Region	Name / Services	Contact Info	Description
<b>Territories</b>	The Northern Birthwork Collective – Yellowknife	<a href="http://www.northernbirthwork.com/">www.northernbirthwork.com/</a> (867) 686-1435 <a href="mailto:hello@northernbirthwork.com">hello@northernbirthwork.com</a>	A team of reproductive justice advocates who are committed to creating safer spaces, programming and services for pregnant people in the Northwest Territories, including non-judgemental and confidential abortion support by way of telephone support, providing transportation to appointments, emotional support and distraction during appointments, and affirming your needs throughout the process.

## Abortion Clinics (and some hospitals)

Region	Name	City	Phone	Info / Website / Email
<b>National</b>	Canadian Women's Clinic	Canada-wide	1-888-987-0987	Medication abortion up to 9 weeks Virtual, self-managed abortion, with pills mailed to your home or to your local pharmacy. You must first book an online consultation with a nurse (consultation cost is \$70 or \$225 depending on your insurance) then have blood work done and an ultrasound. <a href="mailto:info@womensclinic.ca">info@womensclinic.ca</a> Book online: <a href="https://womensclinic.ca/book-online">https://womensclinic.ca/book-online</a>
<b>Alberta</b>	Kensington Clinic	Calgary	403-283-9117	Aspiration or surgical abortion up to 20 weeks Medication abortion up to 10 weeks <a href="http://www.kensingtonclinic.com">www.kensingtonclinic.com</a>
	Women's Health Clinic at Peter Lougheed Centre	Calgary	403-943-5716	Aspiration or surgical abortion up to 20 weeks on request, after 20 weeks on case-by-case basis. Only hospital-based abortion clinic in Alberta. You can book your own appointment; no referral required. Services available to patients with out-of-province health care at no cost.
	Woman's Health Options Clinic	Edmonton	780-484-1124	Aspiration or surgical abortion up to 19 weeks, 6 days. <a href="http://womanshealthoptions.com">http://womanshealthoptions.com</a> (you can book appointment online) <a href="mailto:info@whol.ca">info@whol.ca</a>
	Alberta Medical Abortion Clinic	Provincial	Contact form: <a href="https://albertaclinic.com/contact#contactForm">https://albertaclinic.com/contact#contactForm</a>	A team of Community Health Workers and CPSA Licensed Medical Practitioners “who are dedicated to the patient's right to information and right to decide on how to manage an unexpected

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				pregnancy.” They offer virtual, telephone, and in-person appointments. <a href="https://albertaclinic.com/">https://albertaclinic.com/</a>
	Clinic 38	Virtual	On website, click “ <a href="#">Book an Appointment</a> ,” then click the cell phone icon	Medication abortion up to 9 weeks Please leave a message with your first and last name, health card number, date of birth, phone number, best time to reach you, and if we can leave a message. <a href="https://clinic38.com/">https://clinic38.com/</a>
<b>British Columbia</b>	East Kootenay Women’s Services Clinic	Cranbrook	250-919-8154	Aspiration abortion up to 12 weeks (starting at 5-6 weeks) using local anesthetic and conscious sedation in office.
	Women's Services Clinic, Kelowna General Hospital	Kelowna	250-980-1399	Aspiration abortion up to 12 weeks, 6 days Open Tuesdays only. Calls for appointments are taken Mon, Tues, Thurs 8:30 -2:30, and Wed 8:30-12; can leave messages. Not open Fri, Sat, Sun, or statutory holidays.
	Women’s Vita Medical Clinic	Nanaimo	250-591-9812	Medication abortion up to 9 weeks <a href="https://www.womensvita.ca/reproductive-health">https://www.womensvita.ca/reproductive-health</a>
	West Kootenay Family Planning Services	Nelson	250-505-3885	Aspiration abortion up to 12 weeks Medication abortion up to 10 weeks
	CARE Program, BC Women's Hospital & Health Centre	Vancouver	604-875-2022 1-888-300-3088 x 2022 (hotline for all of BC; referrals etc.)	Aspiration or surgical abortion up to 23 weeks, 6 days LMP Book an appointment online: <a href="http://www.bcwomens.ca/care">www.bcwomens.ca/care</a> <a href="http://www.bcwomens.ca/our-services/gynecology/abortion-contraception">www.bcwomens.ca/our-services/gynecology/abortion-contraception</a>
	Elizabeth Bagshaw Clinic	Vancouver	604-736-7878 1-877-736-7171	Aspiration or surgical abortion up to 16 weeks, 6 days Medication abortion up to 9 weeks <a href="https://bagshawclinic.ca/">https://bagshawclinic.ca/</a>
	Everywoman's Health Centre	Vancouver	604-322-6692	Aspiration abortion up to 13 weeks, 6 days Medication abortion up to 9 weeks <a href="http://www.everywomanshealthcentre.ca">www.everywomanshealthcentre.ca</a> <a href="mailto:ewhc@everywomanshealthcentre.ca">ewhc@everywomanshealthcentre.ca</a>
	Willow Clinic	Vancouver	604-709-5611	Mifegymiso up to 10 weeks (\$25 with MSP) Methotrexate (an injectable drug) up to 7 weeks (\$100 with MSP)

Region	Name	City	Phone	Info / Website / Email
				<a href="http://www.willowclinic.ca">www.willowclinic.ca</a> <a href="mailto:contact@willow.ca">contact@willow.ca</a>
	Vancouver Island Women's Clinic	Victoria	250-480-7338	Aspiration or surgical abortion up to 23 weeks, 6 days LMP (done in hospital) Medication abortion up to 9 weeks <a href="http://www.viwomensclinic.ca">www.viwomensclinic.ca</a>
<b>Manitoba</b>	Brandon Regional Health Centre	Brandon	204-578-2513 (Sexual Health Program)	Aspiration abortion up to 12 weeks Medication abortion up to 9 weeks GA <a href="http://www.pmh-mb.ca/index.php/8-our-locations/20-brhc">http://www.pmh-mb.ca/index.php/8-our-locations/20-brhc</a>
	Northern Health Region	Northern Manitoba	1-888-340-6742, ext. 30224 204-623-9256	Medication abortion up to 9 weeks <a href="https://northernhealthregion.com/programs-and-services/medical-abortion/">https://northernhealthregion.com/programs-and-services/medical-abortion/</a>
	Health Sciences Centre, Women's Hospital	Winnipeg	204-787-1980	Aspiration or surgical abortion up to 19 weeks, 6 days Medication abortion up to 8 weeks GA <a href="http://www.hsc.mb.ca">www.hsc.mb.ca</a>
	Women's Health Clinic	Winnipeg	204-477-1887 1-866-947-1517 ext 200	Aspiration or surgical abortion up to 16 weeks Medication abortion up to 9 weeks GA <a href="http://www.womenshealthclinic.org">www.womenshealthclinic.org</a> <a href="mailto:whc@womenshealthclinic.org">whc@womenshealthclinic.org</a>
<b>New Brunswick</b>	My Choice NB	Online		My Choice NB is a self-organized, collective effort among New Brunswick health professionals. Their purpose is to reduce barriers to abortion care. <a href="https://www.mychoicemb.com/">https://www.mychoicemb.com/</a>
	Bathurst Chaleur Regional Hospital	Bathurst	506-544-2133 1-888-472-2220	Aspiration abortion up to 13 weeks, 6 days No doctor's referral required <a href="mailto:info@vitalitenb.ca">info@vitalitenb.ca</a> <a href="https://www.vitalitenb.ca/en/points-service/sexual-health/pregnancy/unplanned-pregnancy/abortion">https://www.vitalitenb.ca/en/points-service/sexual-health/pregnancy/unplanned-pregnancy/abortion</a>
	Dr. Georges-L.-Dumont University Hospital Centre	Moncton	506-862-2770	Aspiration abortion up to 18 weeks, 6 days

Region	Name	City	Phone	Info / Website / Email
				Medication abortion up to 9 weeks No doctor's referral required <a href="mailto:info@vitalitenb.ca">info@vitalitenb.ca</a>
	The Moncton Hospital	Moncton	Toll free: 1-844-806-9205	Aspiration abortion up to 13 weeks, 6 days Medication abortion up to 9 weeks, 6 days No doctor's referral required. PEI patients funded by PEI government. <a href="mailto:Horizon@HorizonNB.ca">Horizon@HorizonNB.ca</a> <a href="https://horizonnb.ca/services/clinics/family-planning-clinic-abortion-clinic/">https://horizonnb.ca/services/clinics/family-planning-clinic-abortion-clinic/</a>
<b>Newfoundland &amp; Labrador</b>	Athena Health Centre	St. John's Corner Brook Central Newfoundland	709-754-3572 1-800-755-2044	Aspiration or surgical abortion up to 15 weeks The Corner Brook and Central NL clinics operate just one day a month. <a href="mailto:athenahealthcentre@bellaliant.com">athenahealthcentre@bellaliant.com</a> <a href="http://www.thrivecyn.ca/directory-of-services/athena-health-centre/">www.thrivecyn.ca/directory-of-services/athena-health-centre/</a>
	Planned Parenthood – Newfoundland and Labrador Sexual Health Centre (for resources and referrals)	St. John's	709-579-1009 1-877-666-9847	<a href="http://www.plannedparenthoodnlshc.com/">www.plannedparenthoodnlshc.com/</a> Abortion in NL : <a href="http://www.plannedparenthoodnlshc.com/uploads/1/0/0/3/100308324/therapeutic_abortion_in_nl.pdf">www.plannedparenthoodnlshc.com/uploads/1/0/0/3/100308324/therapeutic_abortion_in_nl.pdf</a>
<b>Nova Scotia</b>	Self-referral hotline	Provincial	1-833-352-0719	A referral clerk or nurse is available 8 a.m. to 4 p.m., Monday to Friday to answer questions, arrange for an ultrasound, and help make appointments for a medication abortion (with a doctor) or aspiration abortion (at the hospital). Voice mails can be left after hours.
	Nova Scotia Health Authority	Provincial	902-472-4078	Free counselling service, post-abortion.
	ROSE Clinic, reproductive options and services	Halifax	902-473-7072	Aspiration or surgical abortion up to 15 weeks and 6 days PEI patients accepted with referral; funded by PEI gov't <a href="https://www.nshealth.ca/clinics-programs-and-services/rose-clinic-reproductive-options-and-services">https://www.nshealth.ca/clinics-programs-and-services/rose-clinic-reproductive-options-and-services</a>
	South Shore Regional Hospital	Bridgewater	902-543-4603 (general number)	Aspiration abortions, likely up to 12 weeks only (no info available).

Region	Name	City	Phone	Info / Website / Email
	Valley Regional Hospital	Kentville	902-678-7381 (general number)	Aspiration abortions, likely up to 12 weeks only (no info available).
	Colchester East Hants Health Centre	Truro	902-893-4321 (general number)	Aspiration abortions, likely up to 12 weeks only (no info available).
<b>Ontario</b>	Circle of Care Health Connections	All of Ontario	289-335-4357	Medication abortion up to 9 weeks Virtual, self-managed abortion, with pills mailed to your home or to your local pharmacy. Contact form: <a href="https://circleofcarehealthconnections.com/contact">https://circleofcarehealthconnections.com/contact</a> <a href="https://circleofcarehealthconnections.com/">https://circleofcarehealthconnections.com/</a>
	Lakeside Women's Clinic	Barrie	705-503-6700	Medication abortion only, up to 10 weeks Birth control and IUD services <a href="http://www.lakesidewc.com">www.lakesidewc.com</a> Open Tuesday-Thursday and Saturday 9:30am-4:30pm
	Brampton Women's Clinic	Brampton	905-789-7474	Aspiration or surgical abortion up to 18 weeks (only partly funded) Medication abortion up to 63 days from LMP, confirmed by ultrasound <a href="http://www.bramptonwomensclinic.com/">www.bramptonwomensclinic.com/</a> Appointment requests: <a href="http://www.bramptonwomensclinic.com/contact/">http://www.bramptonwomensclinic.com/contact/</a> <a href="mailto:info@bramptonwc.com">info@bramptonwc.com</a>
	Termination of Pregnancy Clinic, Hamilton Health Sciences Hospital	Hamilton	905-389-5068	Aspiration or surgical abortion up to 16 weeks (no medical) <a href="mailto:womensclinic@hsc.ca">womensclinic@hsc.ca</a> <a href="http://www.hamiltonhealthsciences.ca/areas-of-care/womens-and-newborn-care/womens-health-clinics/termination-of-pregnancy-clinic">www.hamiltonhealthsciences.ca/areas-of-care/womens-and-newborn-care/womens-health-clinics/termination-of-pregnancy-clinic</a>
	Hamilton Birth Control Clinic	Hamilton	905-525-1677	Medication abortion only, up to 10 weeks, either virtual or in person Birth control, IUD, and Nexplanon services <a href="http://www.hamiltonbirthcontrolclinic.ca">www.hamiltonbirthcontrolclinic.ca</a> Open Mon and Fri 9am-1pm, Wed 9am-4:30pm, Thurs 12:30-4:30 pm

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	Hamilton Women's Clinic	Hamilton	905.540.1900	Medication abortion only, up to 9 weeks Currently booking Tuesdays and Thursdays 10am to 2 pm, and Saturday mornings 9 am to 1 pm. (Sister clinic to Mississauga Women's Clinic, see below) <a href="mailto:info@hwclinic.org">info@hwclinic.org</a> <a href="http://www.hwclinic.org">www.hwclinic.org</a>
	Pregnancy Options Program/Abortion Clinic, London Health Sciences, Victoria Hospital	London	519-685-8204 x 5279	Aspiration or surgical abortion up to 24 weeks <a href="http://www.lhsc.on.ca/Patients_Families_Visitors/Womens_Health/tap.htm">www.lhsc.on.ca/Patients_Families_Visitors/Womens_Health/tap.htm</a>
	Women's Clinic, Kingston Health Sciences Centre, Kingston General Hospital	Kingston	613-548-2423	Aspiration abortion from 7-12 weeks Medication abortion up to 9 weeks <a href="https://kingstonhsc.ca/obstetrical-care/obstetrical-and-gynecological-clinics/womens-clinic">https://kingstonhsc.ca/obstetrical-care/obstetrical-and-gynecological-clinics/womens-clinic</a>
	Grand River Hospital abortion clinic	Kitchener	519-749-4254	Aspiration abortion from 6-13 weeks
	SHORE Centre	Kitchener	519-743-9360	Medication abortion up to 9 weeks Book your appointment online: <a href="https://www.shorecentre.ca/abortion-pill-shore-centre/options@shorecentre.ca">https://www.shorecentre.ca/abortion-pill-shore-centre/options@shorecentre.ca</a>
	Onyx Urgent Care	Kitchener-Waterloo	519-896-6699	Medication abortion up to 9 weeks <a href="http://onyxurgentcare.com/">http://onyxurgentcare.com/</a>
	Georgian Bay Women's Health Clinic	Midland	705 527-4154 Toll Free: 855 527-4154	Medication abortion up to 10 weeks Also offers contraception, IUD insertion, STI testing, PAP tests <a href="mailto:midwives@chigamik.ca">midwives@chigamik.ca</a> <a href="http://www.georgianbaywomensclinic.com">www.georgianbaywomensclinic.com</a>
	Mississauga Women's Clinic	Mississauga	905-629-4516	Aspiration or surgical abortion up to 16.6 weeks (only partly funded) Medication abortion up to 9 weeks <a href="http://www.mwclinic.com">www.mwclinic.com</a> <a href="mailto:info@mwclinic.com">info@mwclinic.com</a>
	First Choice Women's Clinic	Mississauga	647-368-5877	Medication abortion up to 10 weeks IUD insertion and removal; birth control counselling

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				<a href="http://www.firstchoicewc.com">www.firstchoicewc.com</a> <a href="mailto:fcwomensclinic@gmail.com">fcwomensclinic@gmail.com</a>
	Durham Women's Care Clinic	Oshawa	905-721-2547	Medication abortion up to 9 weeks <a href="http://www.durhamwomenscareclinic.com/">www.durhamwomenscareclinic.com/</a>
	Sound Care Medical and Imaging Centre	Ottawa	613-244-0911	Medication abortion up to 9 weeks <a href="http://www.medicalfamilyplanning.com/">www.medicalfamilyplanning.com/</a> <a href="http://www.ottawamedicalabortion.com">www.ottawamedicalabortion.com</a> <a href="mailto:info@medicalfamilyplanning.com">info@medicalfamilyplanning.com</a>
	Morgentaler Clinic	Ottawa	613-567-8300 Apts: 613-567-3360	Aspiration or surgical abortion up to 17 weeks <a href="http://www.morgentaler.ca/contact_ottawa.html">www.morgentaler.ca/contact_ottawa.html</a>
	Waves Family Medicine	Penetanguishene Midland	705 355 9283	Medication abortion up to 10 weeks <a href="http://www.wavesfamilymedicine.ca">www.wavesfamilymedicine.ca</a> Open Monday to Friday; phones answered 10-4
	East End Women's Clinic	Scarborough	416 901-3278	Medication abortion up to and including 10 weeks Birth control counselling; IUD insertion and removal service <a href="http://www.eastendwomensclinic.com">www.eastendwomensclinic.com</a> <a href="mailto:eastendwomensclinic@gmail.com">eastendwomensclinic@gmail.com</a>
	Options Clinic at Health Sciences North / Horizon Santé-Nord	Sudbury	705-671-5265	<a href="http://www.phsd.ca/health-topics-programs/sex-sexuality/birth-control/pregnancy-options-support">www.phsd.ca/health-topics-programs/sex-sexuality/birth-control/pregnancy-options-support</a>
	Bay Centre for Birth Control	Toronto	416-351-3700	Aspiration abortion up to 8 weeks with local anesthetic, to 19 weeks 5 days with general anesthetic. Medication abortion up to 10 weeks. Also offers no-touch telemedicine abortion. Women's College Hospital: <a href="mailto:BCBC@wchospital.ca">BCBC@wchospital.ca</a> (Note: Appointments must be booked <b>by phone</b> , not email) All services: <a href="http://www.womenscollegehospital.ca/programs-and-services/bcbc/">http://www.womenscollegehospital.ca/programs-and-services/bcbc/</a> Abortion care: <a href="http://www.womenshealthmatters.ca/health-centres/sexual-health/abortion/">http://www.womenshealthmatters.ca/health-centres/sexual-health/abortion/</a>
	Bloor West Village Women's Clinic	Toronto	416-849-4595 1-844-785-1375	Aspiration or surgical abortion up to 19.6 weeks (only partly funded, but fees waived if financially a burden) Medication abortion up to 9 weeks

Region	Name	City	Phone	Info / Website / Email
				<a href="http://www.bloorwestwomensclinic.com">www.bloorwestwomensclinic.com</a> Contact form: <a href="http://www.bloorwestwomensclinic.com/contact/">http://www.bloorwestwomensclinic.com/contact/</a>
	Cabbagetown Women's Clinic	Toronto	416-323-0642 1-800-399-1592	Aspiration abortion up to 23 weeks, 7 days LMP Medication abortion up to 9 weeks <a href="http://www.cabbagetownwomensclinic.com">www.cabbagetownwomensclinic.com</a>
	Choice in Health Clinic	Toronto	647-370-3203 1-866-565-9300	Aspiration or surgical abortion up to 16 weeks Medication abortion up to 9 weeks Free interpretation services <a href="http://www.choiceinhealth.ca">www.choiceinhealth.ca</a>
	Morgentaler Clinic	Toronto	416-932-0446 1-800-556-6835	Aspiration or surgical abortion up to 19.5 weeks <a href="http://www.morgentaler.ca/contact.html">www.morgentaler.ca/contact.html</a> <a href="mailto:mclinic@passport.ca">mclinic@passport.ca</a>
	Women's Care Clinic	Toronto (North York)	416-256-4139	Aspiration or surgical abortion up to 20 weeks (only partly funded) Medication abortion up to 9 weeks <a href="http://womenscareclinic.ca">http://womenscareclinic.ca</a> <a href="mailto:info@womenscareclinic.ca">info@womenscareclinic.ca</a>
<b>Prince Edward Island</b>	Sexual Health, Options & Reproductive Services (SHORS) Prince County Hospital	Summerside	1-844-365-8258	Aspiration abortion up to 12 weeks, 6 days Medication abortion up to 9 weeks (Also see listings under New Brunswick and Nova Scotia.) <a href="mailto:WomensWellnessProgram@ihis.org">WomensWellnessProgram@ihis.org</a> <a href="http://www.princeedwardisland.ca/en/information/health-pei/sexual-health-options-reproductive-services-shors">www.princeedwardisland.ca/en/information/health-pei/sexual-health-options-reproductive-services-shors</a>

Région	Nom	Ville	Téléphone	Renseignements / Site Web / Courriel
Ressources en avortement au Québec 2020 :	Centre de santé René-Ricard	Chapais	418-745-2591 #265	Service d'IVG par aspiration : de 8 à 12 semaines depuis DDM Service d'avortement médicamenteux : non
	Centre de santé de Chibougamau	Chibougamau	418-748-7658 #4214	Service d'IVG par aspiration : de 8 à 12 semaines depuis DDM Service d'avortement médicamenteux : non



Région	Nom	Ville	Téléphone	Renseignements / Site Web / Courriel
<a href="https://api.fqpn.staging.molotov.ca/wp-content/uploads/2021/01/Bottin-2020-Feuillet-Final.pdf">https://api.fqpn.staging.molotov.ca/wp-content/uploads/2021/01/Bottin-2020-Feuillet-Final.pdf</a>  Note : Les centres CLS (centre local de services communautaires) et les hôpitaux ne sont pas énumérés ici. Communiquez avec la FQPN pour obtenir de l'information.  <i>DDM = date des dernières menstruations</i>	Clinique des femmes de l'Outaouais	Gatineau (Hull)	819-778-2055	Service d'IVG par aspiration ou chirurgical : de 6 à 15 semaines depuis DDM) Service d'avortement médicamenteux : jusqu'à 9 semaines depuis DDM <a href="http://www.cliniquedesfemmes.com">www.cliniquedesfemmes.com</a>
	Centre de santé Tulattavik de l'Ungava	Kuujuak	819-964-2905 #222	Service d'IVG par aspiration : de 6 à 12 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 9 semaines depuis DDM
	Clinique médicale La Rose des Vents	Laval	450-624-1844 #4	Service d'IVG par aspiration : de 6 à 12 semaines depuis DDM Service d'avortement médicamenteux : non
	Centre de rendez-vous en avortement du 1 <sup>er</sup> trimestre de Montréal	Montréal	514-380-8299	Service d'IVG par aspiration : jusqu'à 14 semaines depuis DDM
	Centre de santé des femmes de Montréal	Montréal	514-270-6110 #1	Service d'IVG par aspiration ou chirurgical : de 5 à 14+6/7 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 8+6/7 semaines depuis DDM <a href="http://www.csfmontreal.qc.ca/wp/">www.csfmontreal.qc.ca/wp/</a> <a href="mailto:info@csfmontreal.qc.ca">info@csfmontreal.qc.ca</a>
	Clinique médicale de l'Alternative	Montréal	514-281-6476 et 514-281-9848	Service d'IVG par aspiration : de 5 à 13 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 9 semaines depuis DDM <a href="http://www.cliniquedelalternative.com">www.cliniquedelalternative.com</a>
	Clinique médicale Fémina	Montréal	514-843-7904	Service d'IVG par aspiration : de 5 à 12 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 9 semaines depuis DDM <a href="http://www.clinique-femina.com">www.clinique-femina.com</a> <a href="mailto:femina@clinique-femina.com">femina@clinique-femina.com</a>
	Clinique médicale l'Envolée	Montréal	514-581-4644	Service d'IVG par aspiration : de 6 à 12 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 7 semaines depuis DDM <a href="http://www.cliniquelenvolee.com/">www.cliniquelenvolee.com/</a>

Région	Nom	Ville	Téléphone	Renseignements / Site Web / Courriel
	Clinique Morgentaler	Montréal	514-844-4844 ou 1-888-401-4844	Service d'IVG par aspiration ou chirurgical: de 5 à 18 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 9 semaines depuis DDM <a href="http://www.morgentalermontreal.ca">www.morgentalermontreal.ca</a> <a href="mailto:mclinique@gmail.com">mclinique@gmail.com</a>
	Centre de santé des femmes de la Mauricie	Trois-Rivières	819-378-1661 #2	Service d'IVG par aspiration : de 6 à 14 semaines depuis DDM Service d'avortement médicamenteux : jusqu'à 7 semaines depuis DDM (éventuellement jusqu'à 9 semaines) <a href="http://www.csfmauricie.ca/">www.csfmauricie.ca/</a>

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Saskatchewan	La Ronge Medical Clinic	La Ronge	306-425-2174	Medication abortion up to 9 weeks <a href="http://www.northerndocs.ca/">http://www.northerndocs.ca/</a>
	Women's Health Centre, Regina General Hospital	Regina	306-766-0586 1-800-563-9923	Aspiration or surgical abortion up to 19 weeks, 6 days GA Medication abortion up to 10 weeks, 6 days <a href="https://www.rqhealth.ca/departments/womens-health-centre">https://www.rqhealth.ca/departments/womens-health-centre</a>
	Saskatoon City Hospital	Saskatoon	306-244-7989 (Sexual Health Centre referrals)	Aspiration abortion up to 14 weeks Referrals available from Sexual Health Centre: <a href="http://sexualhealthcentresaskatoon.ca/preg/ab_stoon.php">http://sexualhealthcentresaskatoon.ca/preg/ab_stoon.php</a>
	Saskatoon Community Clinic	Saskatoon	306-652-0300	Medication abortion up to 9 weeks No doctor's referral necessary <a href="http://www.saskatooncommunityclinic.ca/">www.saskatooncommunityclinic.ca/</a> <a href="mailto:member.relations@communityclinic.sk.ca">member.relations@communityclinic.sk.ca</a>
	Saskatoon Sexual Health	Saskatoon	306-244-7989	Medication abortion up to 9 weeks <a href="https://saskatoonsexualhealth.ca/">https://saskatoonsexualhealth.ca/</a>

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<b>Territories</b>	NOW – Northern Options for Women (at Stanton Territorial Hospital)	Yellowknife, Northwest Territories	867-765-4018 Outside Yellowknife: 1-888-873-5710	Aspiration abortion up to 16 weeks Surgical abortion up to 20 weeks depending on provider availability <a href="http://www.northernoptionsforwomen.com">www.northernoptionsforwomen.com</a>
	Qikiqtani Regional Hospital	Iqaluit, Nunavut	867-979-7352	Aspiration abortion up to 13 weeks
	Opal Clinic (at Whitehorse General Hospital)	Whitehorse, Yukon	867-393-6635	Aspiration or surgical abortion up to 15 weeks Medication abortion up to 9 weeks <a href="https://opalyukon.ca/">https://opalyukon.ca/</a>