



List of Qualified Sexual Health Educators in BC

We invite teachers and School Districts in British Columbia to consult this list when looking for comprehensive sexual health education for their students. The following agencies and individuals are qualified and consented to be on the list.



Please be aware of unqualified sexual health educators — see page 6

Table of Contents

Options for Sexual Health.....	2
BLUSH – Bold Learning for Understanding Sexual Health	2
Saleema Noon Sexual Health Educators.....	3
Island Sexual Health.....	3
Shift Education.....	4
The Whole Shebang.....	4
Canadian Suede Society.....	5
Lauren Taylor, Sexual and Reproductive Health Educator.....	5
Sex Educator Alysha	6
Central Okanagan School District (#23)	6
Beware of Unqualified Sexual Health Educators	7



**Abortion Rights
Coalition of Canada**

Options for Sexual Health

Looking for the experts? At Options for Sexual Health, we are committed to the highest level of educational programming. An essential building block to the lifelong health of young people is their access to comprehensive and accurate sexual health information appropriate for their age, cognitive development, and cultural context.

OPTIONS FOR SEXUAL HEALTH

Options delivers sexual health education sessions to students, parents, and teachers across BC. Options certifies sexual health educators through their [SHEC program](#). Graduates of SHEC are also qualified sexual health educators.

- Website: www.optionsforsexualhealth.org/sex-ed/
- Instagram: www.instagram.com/optionsforsexualhealth
- [Sex-Ed Programs](#)
- [Book an Options for Sexual Health Educator Now](#)
- Saira Hansen, Education Operations Manager: shansen@optbc.org

BLUSH – Bold Learning for Understanding Sexual Health

By Vancouver Coastal Health Authority

**Vancouver
CoastalHealth**

BLUSH program

BLUSH is a peer-to-peer education program working with youth during the developmental window aged 12 to 18 to provide opportunities for youth to explore attitudes, values, and behaviours that support sexual health and well-being for lifelong impact.

- Website: www.vch.ca/en/service/blush
- [About BLUSH](#)
- Book a free workshop. Email justin.van_westen@vch.ca and blush@vch.ca



Saleema Noon Sexual Health Educators

For 25+ years, I've helped parents, educators, and kids (who still think I'm cool!) navigate bodies, online safety, and growing up—in a way that they'll actually listen to. But this isn't just about sex ed. Our team of expert educators goes beyond the basics, giving kids the skills they need to be healthy, safe, and confident in every part of their lives. And we do it all in a way that's inclusive, fun, and judgment-free—because every child deserves honest answers and empowering conversations.



In-person and online workshops available.

- Website: www.saleemanoon.com
- Instagram: www.instagram.com/saleema.noon.educators
- [Meet the team](#)

Island Sexual Health

We have a well-established and well respected comprehensive sexual health education program that offers sexual health education programming to schools, and workshops for community groups, parents, and other community members in Greater Victoria. Our classroom education sessions support the SOGI framework and follow the curriculum as outlined by BC Ministry of Education Physical and Health Education and Canadian Guidelines for Sexual Health Education.



island sexual health
community health centre

- Website: www.islandsexualhealth.org/education/
- [Community sexual health education program](#)
- Director of Education and Advancement: educator@islandsexualhealth.org



Shift Education*

The Sex Education Circuit™ is an inclusive and comprehensive Sexual Health Education Program for students aged 14-18 years old. The program includes 10 sexual health education units that are offered as game-based stations. These grab and go lessons involve students moving from station to station in small groups—much like a fitness circuit—learning about different aspects of sexual and physical health, and healthy relationships.



- Website: <https://shift-education.com/>
- [Book a consultation](#)
- Jessica Wollen: jessica@shift-education.com

Jessy Wollen (she/her), founder of SHIFT Education, is a Certified Sexual Health Educator and Teacher with 16 years of experience in Sexual Health education. In addition to working with school districts throughout Metro Vancouver, SHIFT Education partners with Vancouver Coastal Health, FOUNDRY, Hollyburn Family Services, Down Syndrome Society, and many other youth-centred organizations.

**NOT to be confused with SHIFT, a religiously-biased anti-abortion program run by Advokate Life & Education Services, through Hope for Women pregnancy centres in Langley and Abbotsford.*

The Whole Shebang

Carlie McPhee is a trained and experienced sexual health educator who provides comprehensive sexual health education for middle & high school youth (gr 6-12), youth with diverse abilities, and professional development for service providers. All programming is rooted in evidence-based research, sound educational theory, personal and community safety, and celebrates diversity and inclusion of all identities.

THE WHOLE SHEBANG
SEXUAL HEALTH EDUCATION

- Website: www.thewholeshebang.ca/
- Carlie McPhee: carlie.mcphee@thewholeshebang.ca

Note: Carlie has remote curriculum available on her website for schools outside of large areas with access to guest speakers.



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Canadian Suede Society

The Canadian Sexual Understanding & Education for Digital Equity (SUEDE) Society offers free, no-prep, ready to roll resources for sexual health education that are accurate, trustworthy, and inclusive of all students in BC schools. Each lesson plan is just one page for ease of use, and comes with a video and skill building activity. Free and accessible from their website.



All program elements meet the [SIECCAN Canadian Guidelines for Sexual Health Education](#), and include all [Benchmarks for Effective Sexual Health Education](#).

- Website / contact form: www.canadiansuedesociety.com/
- [Sex-ed units](#)

Lauren Taylor, Sexual and Reproductive Health Educator

Lauren has a Masters in Health Communication and a background in managing and leading sexual health clinics across the province of B.C. Through 1:1 sessions and workshops, she provides inclusive, trauma informed, evidence-based sexuality education for all ages that is actually useful in the real world. She seeks to set people up with tools to facilitate hard conversations and advocate for their wants, needs and desires with a focus on relationships and communication. Lauren approaches the world of sexual and reproductive health education in a grounded way that still makes space for humour and connection.

A handwritten signature in black ink that reads 'Lauren Taylor'.

- Email: info@lauren-taylor.ca
- Website: www.lauren-taylor.ca/
- Instagram: www.instagram.com/laurenkmtaylor/



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Sex Educator Alysha

Alysha Somerton is a Sexual Health Educator based in Vancouver and is currently completing her training to become a board-certified Sexologist. With an extensive background in youth care and trauma-informed practice, Alysha provides inclusive, sexual health and relationship education in schools (grade 6-12), alternative programs and youth organizations.



Alysha's workshops focus on consent, bodily autonomy, relationships, and safety in engaging, age-appropriate ways. Through interactive activities, discussion, and an anonymous question period, students gain practical tools to set boundaries, build healthy relationships, and understand themselves and their bodies.

- Email: sexeducatoralysha@gmail.com
- Website: www.sexeducatoralysha.ca/

Central Okanagan School District (#23)

Several teachers in the district are full-time sexual health educators from September to June each year. They are only available to teach within their district but can be a resource for others.



**Central Okanagan
Public Schools**

Together We Learn

- Doryan Elliott: Doryan.Elliott@sd23.bc.ca
- Jennifer Rabinovitch: Jennifer.Rabinovitch@sd23.bc.ca
- Emily Rice: Emily.Rice@sd23.bc.ca
- Nicole Weremy: Nicole.Weremy@sd23.bc.ca



Beware of Unqualified Sexual Health Educators

Several religious anti-abortion groups have exploited the opportunity to teach sex-ed for free in BC's public schools. This may be partly due to the lack of funding and training for schools and teachers to deliver appropriate sexual health education. About 12 anti-abortion groups in British Columbia have sex-ed programs and evidence shows that several have delivered their programs in public schools, including in the Lower Mainland, Fraser Valley, and the Okanagan.

These groups are **unregulated pregnancy centres** (UPCs) that often misinform and manipulate people seeking abortion. They may present themselves as unbiased medical clinics or counselling centres for pregnant people. However, most UPCs are religiously affiliated with a primary objective of dissuading pregnant people from abortion. Their staff are mostly untrained volunteers who provide "peer counselling" from a perspective rooted in traditional Christian sexual morality. UPCs will not refer clients for abortion or contraception, and most promote misinformation on abortion.

UPCs with sex-ed programs may have websites that look polished and professional. Examples are the [I Stand](#) program and the [True to You](#) program. Because the BC curriculum tends to be non-specific to give teachers leeway on how to deliver content, UPCs can 'loosely' follow the curriculum while still delivering presentations that are sex-negative, scare-mongering, heteronormative, and sexist (i.e., with a double standard for girls). The presentations also tend to discourage contraception, fail to mention consent, and ignore the needs of 2S/LGBTQI+ students, thereby disregarding SOGI 123 policies in the School Districts.

Here is a [list of unregulated pregnancy centres](#) across Canada.

